

Psycho-Spiritual Public Lectures *organized by Lifesprings-2012 series*



**Understanding and Releasing
Anger & Depression**

through EFT*

30 May (Wed) 7.00pm-9.30pm



**Opening to Forgiveness
& Love 恕**

through the energy of EFT*

31 May (Thu) 7.00pm-9.30pm

The Speaker: Fr Michael McGuire (S.S.C.) is a Columban Missionary priest living in the Philippines. He holds a PhD in Clinical Psychology and has vast experience in conducting seminars and workshops in human development, in psycho-spiritual integration and in growth in psycho-sexual health. He is also experienced in psycho-therapy. He counsels, conducts retreats for the religious, priests and lay people within South East Asia and also accompanies people in spiritual direction.

**EFT= Emotional Freedom Techniques*

Venue: Canossa Convent Primary School Auditorium, 1 Sallim Road (off Aljunied Rd) **Enter by Gate 2**
Bus services: 61,62,64,65,66,100,154,158 Nearest MRT: Aljunied MRT

Contribution: \$20 per lecture **Closing Date:** 25 May 2012
Inquiries: lifesprings@singnet.com.sg **Tel:** 64662178
Website: www.lifespringscanossian.com

COURSE REGISTRATION FORM (cut along this portion).....

Name: _____ No. of person attending: _____

Course Date: *Please tick* **30 May** [] **31 May** []

Total amount: \$ _____ Cheque No. _____ **BANK:** _____

Email Address: _____ Parish/organization (If any): _____

Postal Address: _____

Signature: _____ Date: _____ Remarks (if any) _____

Please send completed FORM together with Cheque payment (payable to **Canossian Convent-Lifesprings**) to
Lifesprings Canossian Spirituality Centre, 100 Jalan Merbok, Singapore 598454